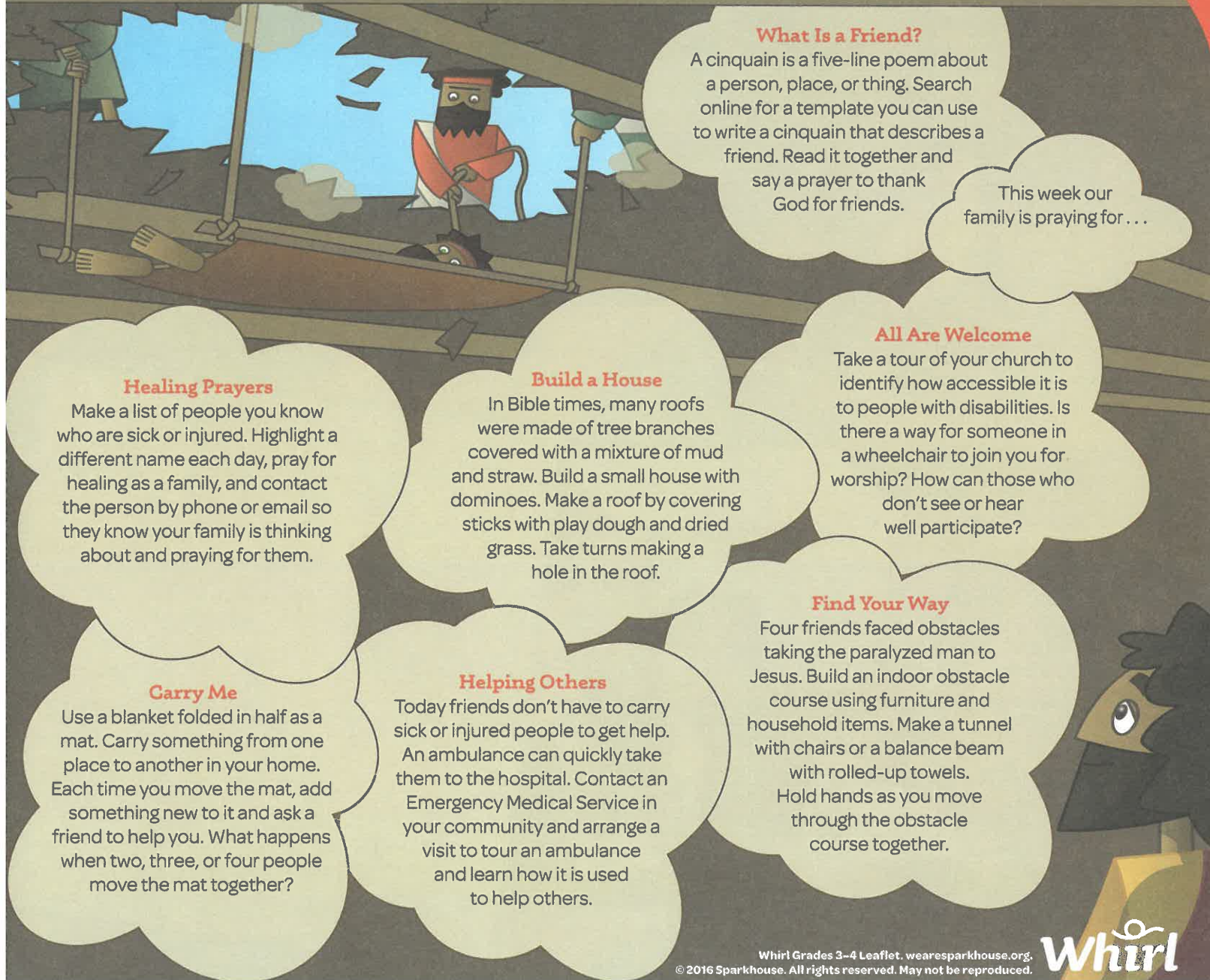


# Jesus Heals a Paralyzed Man

MARK 2:1-12

Grades  
3-4

This week's theme is **FRIENDS**. A paralyzed man was carried on a mat by his friends to Jesus. The friends climbed up on the roof and lowered the man through a hole. Jesus forgave the man's sins and healed him.



### What Is a Friend?

A cinquain is a five-line poem about a person, place, or thing. Search online for a template you can use to write a cinquain that describes a friend. Read it together and say a prayer to thank God for friends.

This week our family is praying for...

### Healing Prayers

Make a list of people you know who are sick or injured. Highlight a different name each day, pray for healing as a family, and contact the person by phone or email so they know your family is thinking about and praying for them.

### Build a House

In Bible times, many roofs were made of tree branches covered with a mixture of mud and straw. Build a small house with dominoes. Make a roof by covering sticks with play dough and dried grass. Take turns making a hole in the roof.

### All Are Welcome

Take a tour of your church to identify how accessible it is to people with disabilities. Is there a way for someone in a wheelchair to join you for worship? How can those who don't see or hear well participate?

### Find Your Way

Four friends faced obstacles taking the paralyzed man to Jesus. Build an indoor obstacle course using furniture and household items. Make a tunnel with chairs or a balance beam with rolled-up towels. Hold hands as you move through the obstacle course together.

### Helping Others

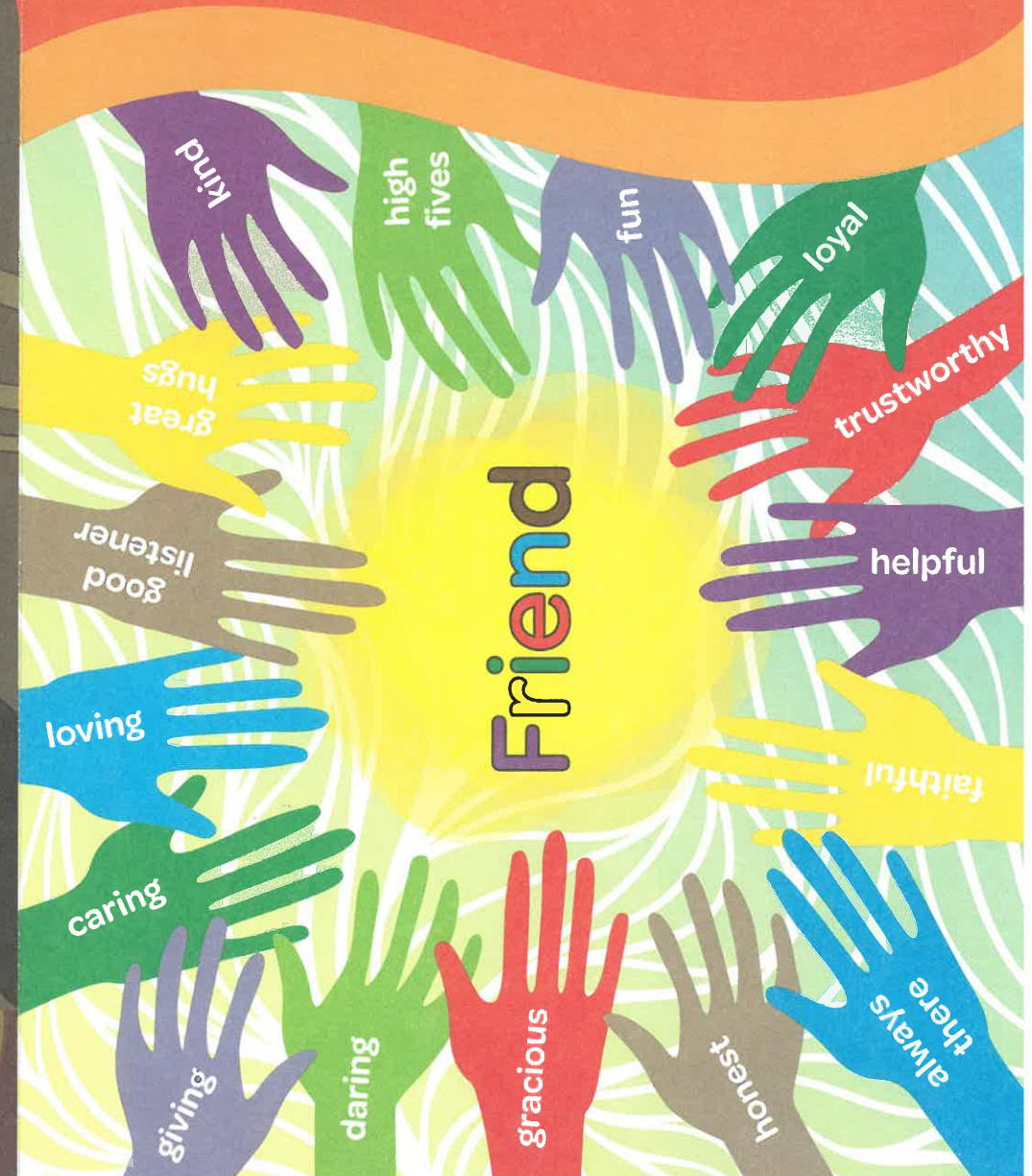
Today friends don't have to carry sick or injured people to get help. An ambulance can quickly take them to the hospital. Contact an Emergency Medical Service in your community and arrange a visit to tour an ambulance and learn how it is used to help others.

### Carry Me

Use a blanket folded in half as a mat. Carry something from one place to another in your home. Each time you move the mat, add something new to it and ask a friend to help you. What happens when two, three, or four people move the mat together?

# Jesus Heals a Paralyzed Man

**FRIENDS**  
MARK 2:1-12



kind

high fives

fun

loyal

trustworthy

helpful

faithful

always there

Friend

great hugs

good listener

loving

caring

giving

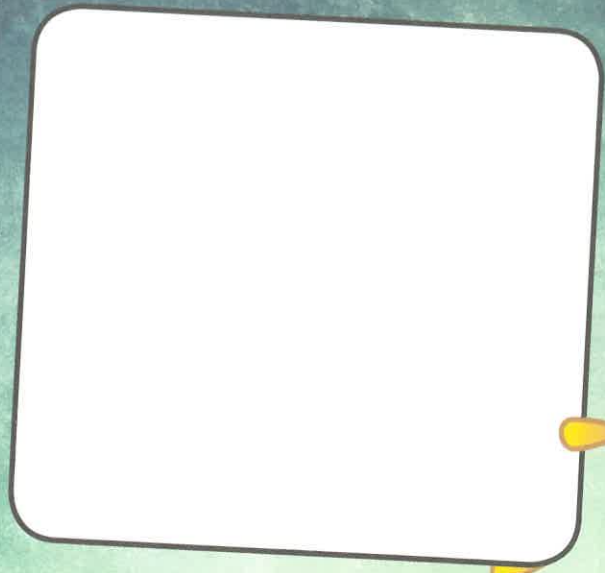
daring

gracious

honest







**Becoming better friends**

