

# Thomas Believes

JOHN 20:19-31

Grades  
3-4

This week's theme is BELIEVE. Thomas had questions! He needed to see Jesus in the flesh to believe. Try some of these activities with your family to explore bodies and believing.

## WHO ARE YOU?

Close your eyes and have a family member hum a tune. Try to guess who it is just by listening to the voice. Was anyone fooled?

## SCAR STORIES

Thomas said he needed to see the marks on Jesus' hands to believe. Do you have any scars? How did you get them? Swap scar stories together. Sometimes you might need to see the scar to believe the story!

## NO DOUBT ABOUT IT

Bend chenille stems to make each letter of the word *BELIEVE*. Make a mobile by tying the letters with pieces of string onto a hanger. Display in your home to remember that Jesus blesses everyone who has not seen him, but still believes.

## HAND I.D.

Thomas wanted to touch Jesus' hands to believe that he was really alive. Ask family members and friends to draw around their hands on a numbered sheet of paper and write their names on the other side. Have everyone guess which hand belongs to which person. See who gets the most correct.

## JESUS IN ASL

Do you know how to sign *Jesus* in American Sign Language? Look it up or ask someone who might know. Why do you think that is the sign for Jesus?

## WHAT'S DIFFERENT

Jesus appeared in the same room twice, but Thomas was only there the second time. Play "What's different in this room?" together. Once family members take a good look at everything in a room, everyone steps out except one person who shuts the door and moves an object to a different part of the room. When everyone returns to the room, see who can find what's different.

## BELIEVE IT

Do you know any unbelievable facts? Can you look up some amazing trivia? Tell a friend and see if they believe it or doubt it is true. How can you prove it to them?

This week our family is praying for ...

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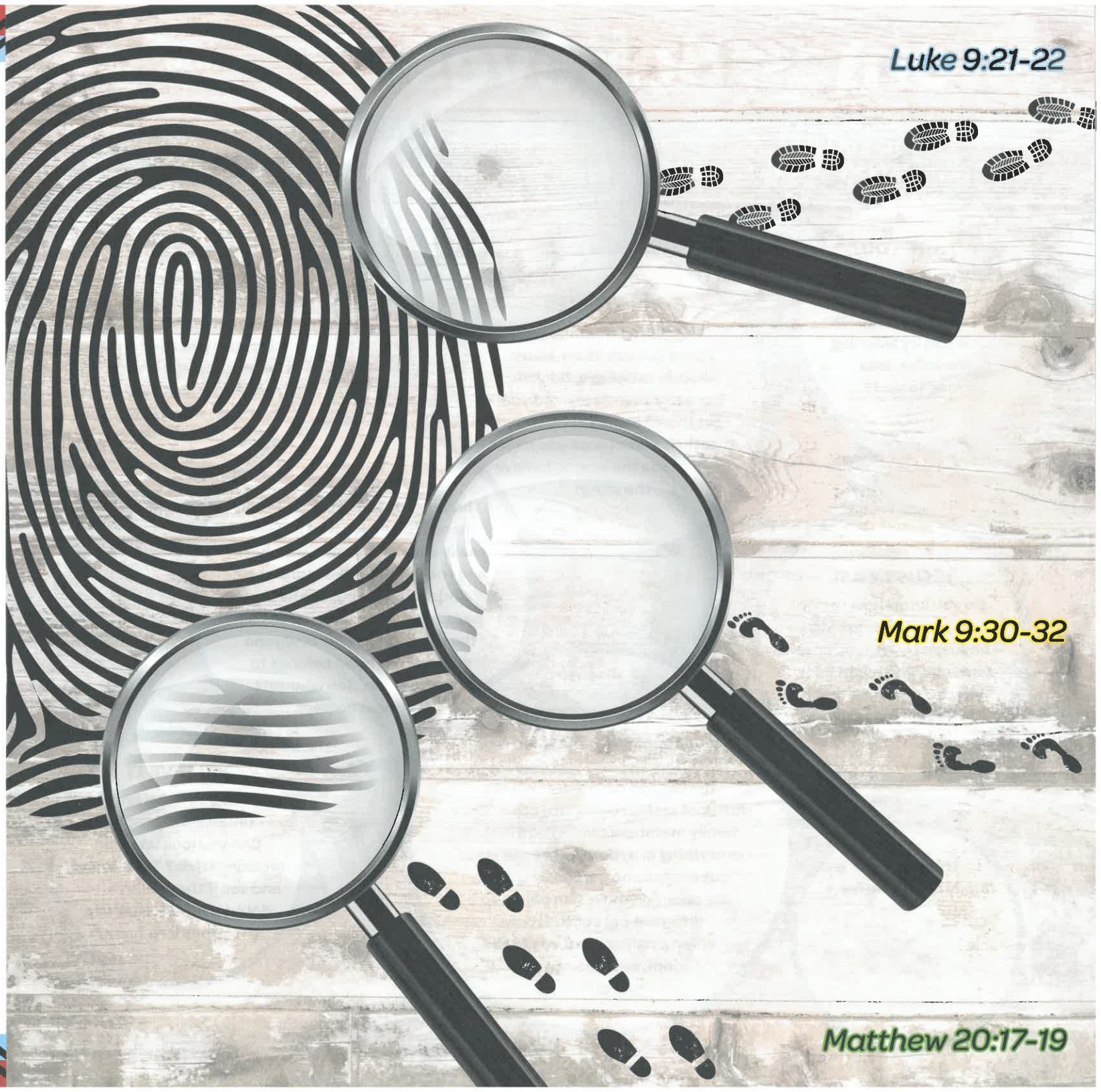
**BELIEVE**  
JOHN 20:19-31





Q from

A from



Luke 9:21-22

Mark 9:30-32

Matthew 20:17-19